



Calf



Peroneal



Tib Ant





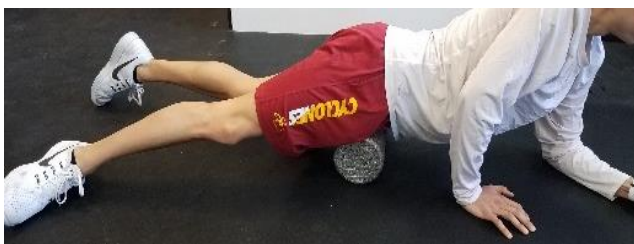
Hamstring



Groin



IT Band



TFL





Quad



Piriformis



Lat/Rib



T-Spine





Delt



Supras-
pinatus



Triceps



Forearm

